

## Colitis

The Examiner must review a current status report by the treating physician and any supporting documents to determine the applicant's eligibility for certification. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
The general health status of the applicant due to this condition, as documented in a current status report by the treating physician	<input type="checkbox"/> Favorable
Symptoms	<input type="checkbox"/> None or mild diarrhea with or without mild abdominal pain/cramping  Fatigue which limits activity or severe abdominal symptoms are not acceptable for certification.
Cause of Colitis	<input type="checkbox"/> Crohn's Disease, Ulcerative colitis, or Irritable Bowel Syndrome  Any other causes require FAA decision.
Surgery for condition in last 6 weeks	<input type="checkbox"/> No
Medications for condition	<input type="checkbox"/> One or more of the following: <ul style="list-style-type: none"> <li>• Oral steroid which does not exceed equivalent of prednisone 20 mg/day (see <a href="#">steroid conversion calculator</a>)</li> <li>• Imuran or Sulfasalazine</li> <li>• Mesalamine (5-aminosalicylic acid such as Asacol, Pentasa, Lialda, etc.)</li> <li>• Steroid foams or enemas/ budesonide enema</li> <li>• Loperamide less than or equal to 16 mg a day and no side effects</li> <li>• Hyoscyamine - use 1-2 times a week with no side effects and no-fly 48 hours after use</li> </ul> Use of infliximab, use of hyoscyamine greater than 2 times per week, Prednisone greater than 20 mg/day, or Loperamide greater than 16 mg per day is NOT acceptable

**AME MUST NOTE in Block 60 one of the following:**

☐ Airman meets certification criteria for colitis.

☐ Airman had a previous Special Issuance for this condition and now meets the regular issuance certification criteria for colitis.

☐ Airman does NOT meet certification criteria for colitis. I have deferred this exam. (Mail the supporting documents to FAA identifying which criteria were not met.)